

# FDM – For Disability Mobility



For Disability Mobility

Supporting Health, Choice, Independence & Social Inclusion  
through accessible community transport

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## Newsletter July 2018

### GRANTS and FUNDRAISING

During July we are continuing with our Miles of Smiles Project funded by Leeds City Council Outer South Community Committee. This month there is the opportunity to visit Whitby and Hebden Bridge, as well as Skipton in early August.

Thanks to our grant last December from the Co-op Community Fund we are also able to offer a trip to The Millstones near Harrogate.

**Rothwell Carnival**  
Thanks to our volunteers, including staff from the Woodlesford Co-op, FDM will be at the event to fundraise. Please pop and say hello if you are in the area.

### FDM Volunteer Julia adds a new venue for Time Out Rothwell.

A few of our members may have met Julia who is a volunteer driver assistant with FDM. What you might not know is that Julia also runs the local Time Out Rothwell group, which has just added a new venue for their members at Rothwell Community Hub on the 2<sup>nd</sup> Thursday of the month.



The group is run by local people to support people in times of loss and bereavement, working closely with Community First Yorkshire and other local organisations. Julia of Time Out Rothwell can be seen on the left of the photo opposite and Sharon, from Community First Yorkshire is on the right.

Julia told us 'People are welcome to drop in from 11am to 12.30pm to have a chat and a cuppa. Also family members, carers and friends are encouraged to attend and anyone interested in volunteering to help this group is also welcome.'

For further details please contact Julia Godfrey at [timeoutrothwell@gmail.com](mailto:timeoutrothwell@gmail.com) or on telephone number 07877 218327.

Please turn over for more news.....

## SOCIAL CLUB NEWS



This month we are offering a trip to the beautiful port of Whitby, as well as a trip to Hebden Bridge on Market Day, and a Yorkshire Dales Mystery Tour.

There is also a trip to The Millstones near Harrogate to one of their Summer Sizzler events. Please advise Katy of your menu choice when booking.

### The Millstones, Nr Harrogate Summer Sizzler

#### Menu

Traditional Fish & Chips

Steak Pie

Homemade quiche with Salad

Yorkshire Ham, Egg, Tomato, mushroom and peas

Sweets choose from

Apple Pie

Traditional Sherry Trifle

Strawberry Pavlova

After lunch there is entertainment with an interval for tea, coffee and cakes, before we leave at about 4pm for a scenic drive home.

### FDM also welcomes bookings from Group Users.

Last Month The Elderberries from Swillington enjoyed a memorable day out at the Yorkshire Mining Museum and shared some great photo's with us.

If your community group would like to make a booking please contact Val on Monday, Tuesday, Thursday and Friday Mornings for more information on telephone number 0113 288 9000.



## VOLUNTEER DRIVERS

*The aim of the charity is to help reduce isolation and loneliness amongst the elderly and people with a disability within the community. If you or anyone you know would be interested in joining our team of volunteer drivers please contact the FDM office for more information.*

*0113 2889000 - 8.30am to 12.*