



For Disability Mobility

FDM – For Disability Mobility

Supporting Health, Choice, Independence & Social Inclusion
through accessible community transport

106 STONE BRIG LANE, ROTHWELL, LEEDS, LS26 0UE
Telephone 0113 288 9000

Email: info@fdmbus.org.uk Website: www.fdmbus.org.uk



Newsletter September 2018

GRANTS and FUNDRAISING

A BIG THANK YOU

We have received a donation of £100 from the Lets Sing LS26 Choir.

This is much appreciated and we would like to thank all the members of the choir for their support and generosity.

Getting ready for Halloween Fundraising

During October we are planning to put together a couple of booze hampers to help raise funds. If you are able to donate any bottles of beer, wine or spirits it would be greatly appreciated. Please either drop it into the office or contact Val or Katy to arrange collection.

SOCIAL CLUB NEWS

This month we are offering trips to Northallerton and Otley on Market days taking in some of our lovely Yorkshire countryside. We are also offering a trip through Wensleydale to the Creamery at Hawes for a two course lunch with time to browse in the Cheese and gift shops.

Wensleydale Creamery Menu – includes tea or coffee on arrival.

Wensleydale Chicken with a blue cheese sauce served with sautéed potatoes & seasonal vegetables

Sausage & Mash – Pork & Cranberry Cheese Sausage on a bed of mash, with seasonal vegetables & onion gravy

Home made Quiche with sautéed potatoes, salad & coleslaw

Wensleydale Cheese Ploughmans with 3 different cheeses
Selection of pickles and crusty bread

Drunken Steak and vegetable pie. Dales beef slow cooked in Black sheep ale with root vegetables. Served with new potatoes and vegetables

Choice of Dessert:

Wensleydale Ginger Cheesecake, Mixed fruit Pavlova, Apple pie with Custard, Fruit crumble with creame anglaise, Wensleydale Cheese Board.

Tea or Coffee

Just to let you know 'Pocket Panto' is presenting a show called "Bless em All" with songs and sketches from the fabulous forties! It takes place at Wakefield Cathedral on Saturday 22 September at 2pm. Tickets are £5 and are available from the Wakefield Cathedral shop.

Please turn over for more news

For your information.....



Did you know that your friendly local Firefighters provide free home visits to fit smoke alarms and provide advice on subjects like falls in the home, staying warm, crime prevention and more.

Do, you, or anyone you know, not have a working smoke detector? Do you have a carbon monoxide detector? Would you have difficulty hearing an alarm or escaping?

If the answer is Yes to any of the above, then please request a Safe & Well visit by calling Rothwell Fire Station on 0113 282 2410

FDM also welcomes bookings from Group Users.

Our photo opposite shows the Swillington Elderberries enjoying a great "Yorkshire Day", at Lotherton Hall.



If your community group would like to make a booking please contact Val on Monday, Tuesday, Thursday and Friday Mornings for more information on telephone number 0113 288 9000.

VOLUNTEER DRIVERS

The aim of the charity is to help reduce isolation and loneliness amongst the elderly and people with a disability within the community. If you or anyone you know would be interested in joining our team of volunteer drivers please contact the FDM office for more information.

0113 2889000 - 8.30am to 12.